

By discovering the climbing on a wall, it's better to have simple grips. The beginners are looking for comfort with maximum enjoyment. Our initiation holds are very incut with rounded shapes and comfortable.




For beginners




Routesetting boulder problems requires fine adjustments. We have created specific holds in a variety of shapes, your movements will be unlimited.

100% Bouldering



Overhangs, prows, angles, roofs, mantleshelves...
This range can be adapted whatever the pitch of your wall, while offering diversity in your climbs and circuits.

#2 For bouldering wall



The choice of holds should be targeted to routeset on a climbing wall for all types of climbers. To help you in this choice, our series "Clubs" are distributed in ranges depending on the level of routes and pitches.

Do shapers success one day to recreate the feeling on the rock? Mother Nature offers an infinite variety, the challenge is great! With these sets, you have to adapt to grip and look for solutions.

Origin of rock



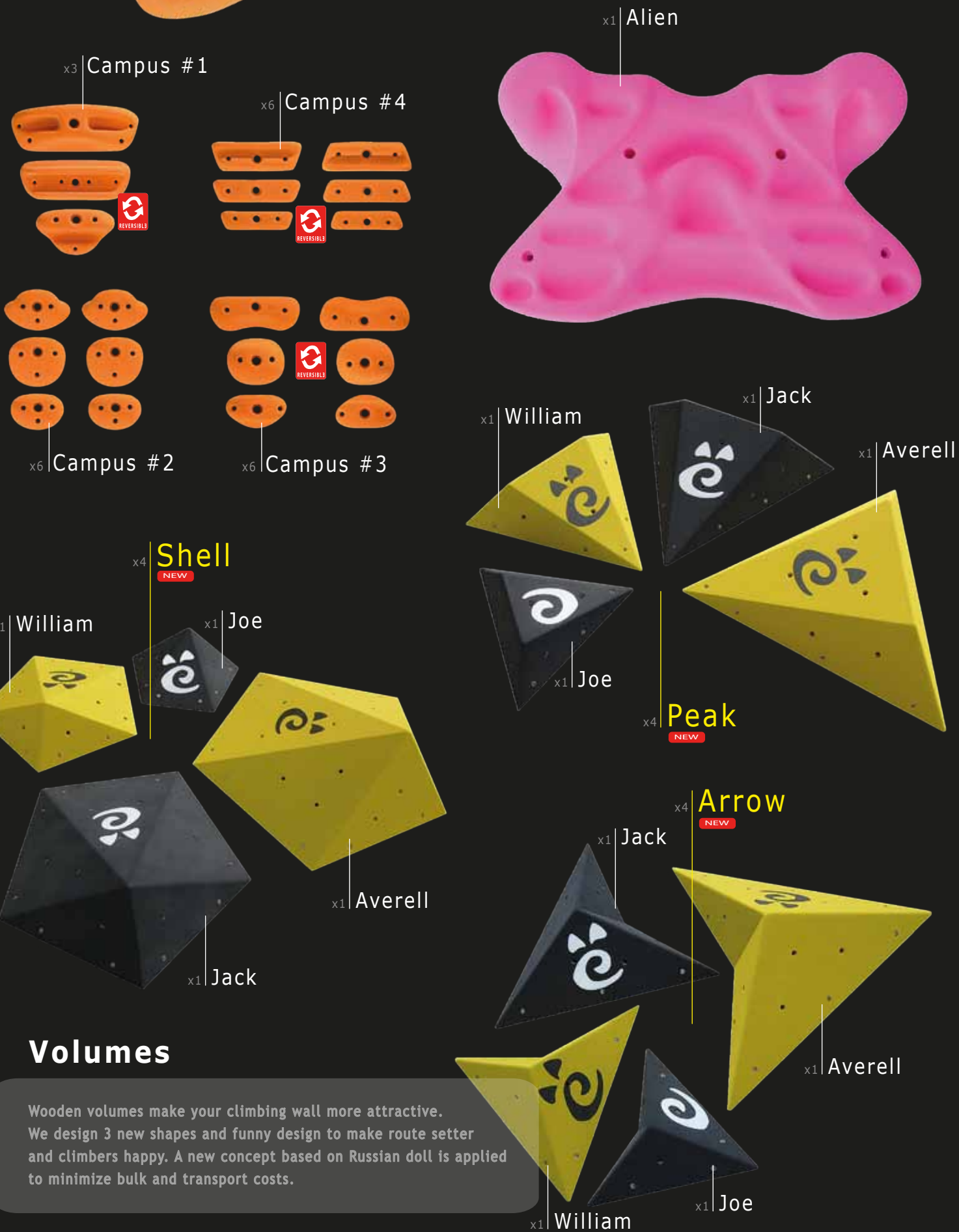
 www.frees.com

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For aficionados of training, here find all the instruments that will allow you to design your measure tool: training board, campus board, pull-up bar...

Training



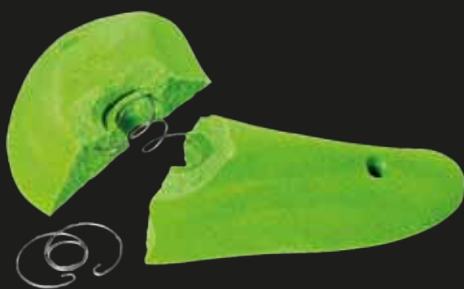
If you are looking to enrich your climbing wall, macros holds in polyurethane resin are real weapons. Lightweight and strong, you can no longer do without.

Macro holds



More safety

Freestone holds are in conformity with the latest European manufacturing standards EN 12572-3 and our macro-volumes with the European standard EN 12572-1. These two standards give you a guarantee of total safety in the usage of our holds. Both for climbing gyms and private individuals, when you have the choice of makes of holds or volumes, choose those that come up to the latest safety standards!



Freestone Safety System

Freestone holds now contain a new system which guarantees even more safety for users! Should a hold break accidentally, a metal insert introduced during manufacture, stops all pieces that could injure user from falling to the ground.

Finger Safety System

For your safe we are proposing a protection cap with our new holds where the deep fixation hole could be dangerous for your fingers. You can screw on the Finger Safety System on the bottom of the fixation hole with an Allen Keys N°6. With this system our holds respect the new European standards EN 12 572-3 while keeping the same size of screws throughout our range.

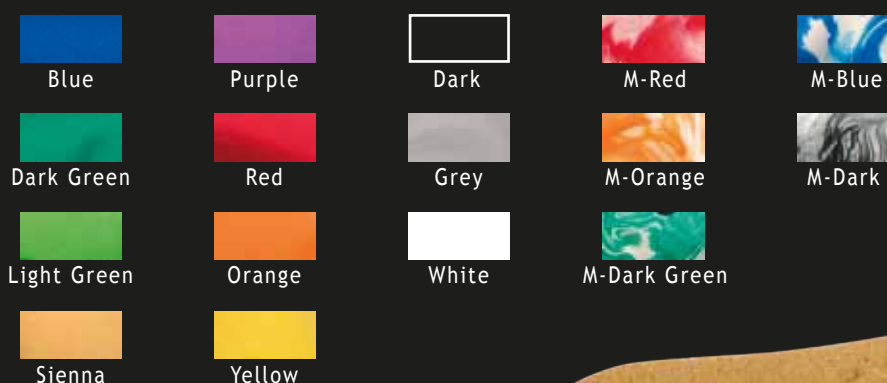



2in1 Screw System

For more convenience when screwing holds, our new models get the 2in1 Screw System. No need to know if it's a flat or countersunk head screw to fix holds because you can use two types of them. Routesetters will save time.



Colours



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The French Shape